



Pool Schedule Tuesday 2nd – Friday 5th

Tuesday 2 nd August		
09:30	10:30	Disco
10:30	11:30	Public Swim
11:30	12:30	Floats
1:00	2:00	Disco
2:00	3:00	Public Swim
3:00	4:00	Floats
4:00	5:00	Lane Swim
Wednesday 3 rd August		
10:00	11:00	Haf O Hwyl/Summer of Fun (pre-booked only) & Public Swim
11:00	12:00	COMMANDO INFLATABLE – Booking advisable due to limited numbers
12:00	1:00	SWIM, EAT CLIMB Session and Public Swim
1:30	2:30	Public Swim
2:30	3:30	COMMANDO INFLATABLE – Booking advisable due to limited numbers
3:30	4:30	Public Swim
Thursday 4 th August		
06:30	09:30	Early Morning Swim with Lanes
09:30	10:30	Aqua Fit
Friday 5 th August		
10:00	11:00	Haf O Hwyl/Summer of Fun (pre-booked only) Public Swim
11:00	12:00	Over 60s
12:00	1:00	SWIM, EAT CLIMB Session and Public Swim
1:30	2:30	Floats
2:30	3:30	Baby & Toddler



Closed Saturday & Sunday this week

Lane Swimming available at all times except during Inflatable and Float sessions, please speak to reception.

Am rhagor o wybodaeth/ For more information:
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